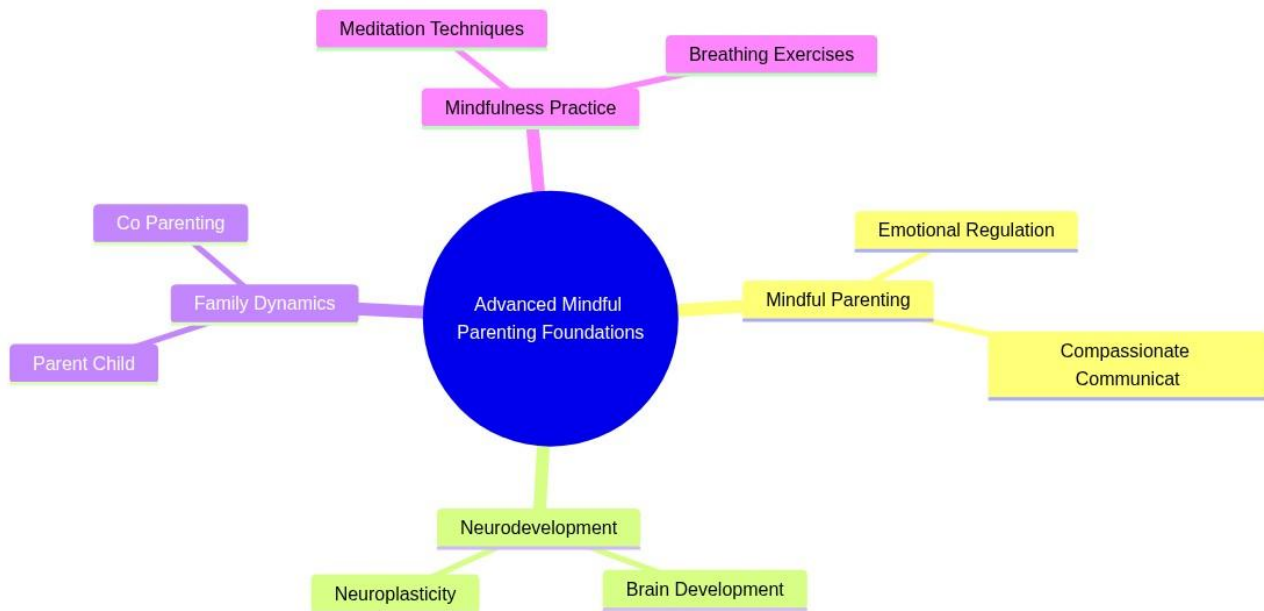


Global Certificate in Mindfulness Techniques for Parents (Advanced)

Advanced Mindful Parenting Foundations



mindmap

root((Advanced Mindful Parenting Foundations))

Mindful Parenting

Emotional Regulation

Compassionate Communicat

Neurodevelopment

Brain Development

Neuroplasticity

Family Dynamics

Parent Child

Co Parenting

Mindfulness Practice

Meditation Techniques

Breathing Exercises