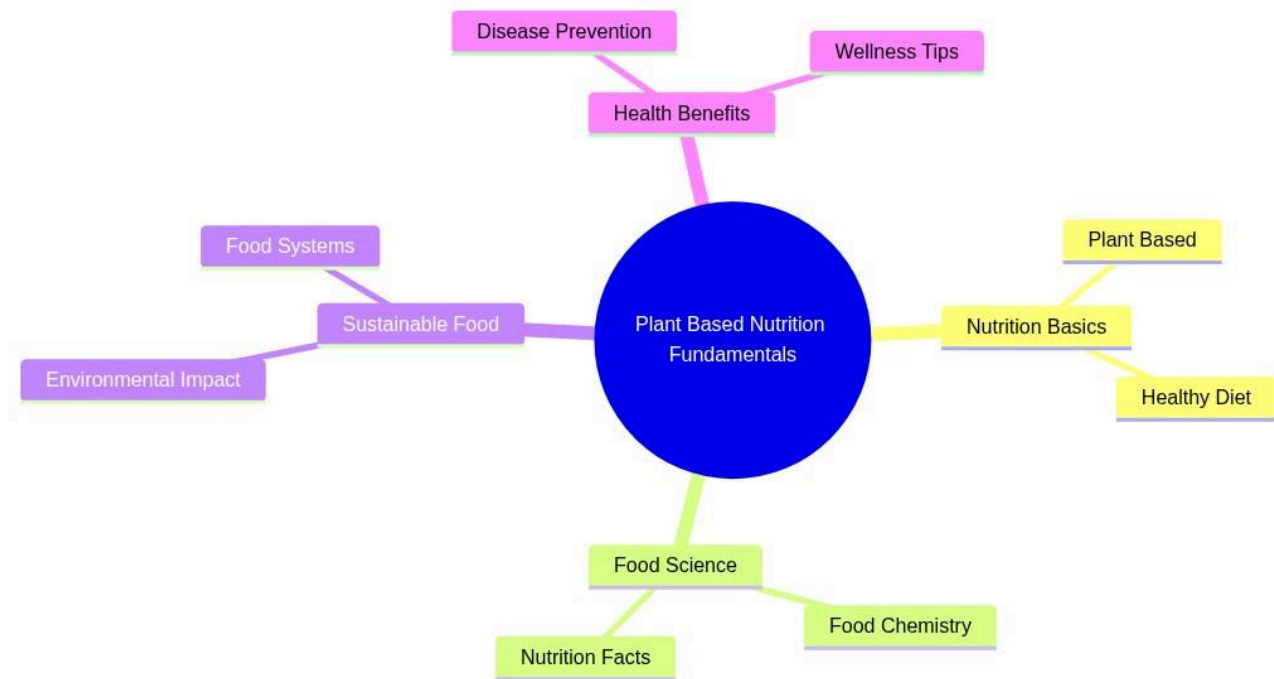


Undergraduate Certificate in Plant-Based Nutrition

# Plant Based Nutrition Fundamentals



mindmap

root((Plant Based Nutrition Fundamentals))

Nutrition Basics

Plant Based

Healthy Diet

Food Science

Food Chemistry

Nutrition Facts

Sustainable Food

Environmental Impact

Food Systems

Health Benefits

Disease Prevention

Wellness Tips