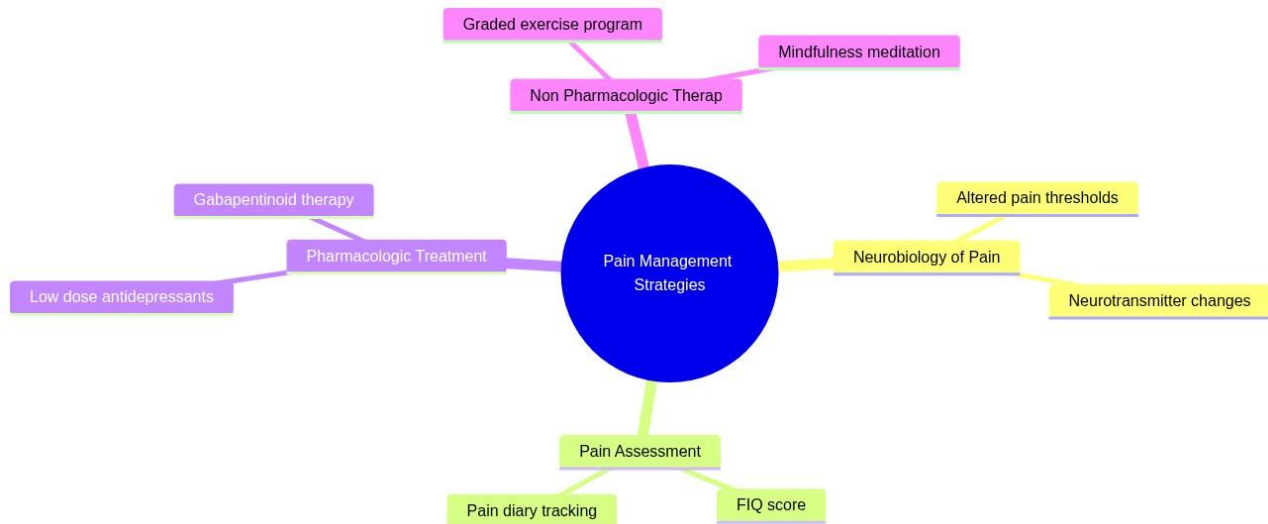


Fibromyalgia Rehabilitation

Pain Management Strategies



mindmap

root((Pain Management Strategies))

Neurobiology of Pain

Altered pain thresholds

Neurotransmitter changes

Pain Assessment

FIQ score

Pain diary tracking

Pharmacologic Treatment

Low dose antidepressants

Gabapentinoid therapy

Non Pharmacologic Therap

Graded exercise program

Mindfulness meditation