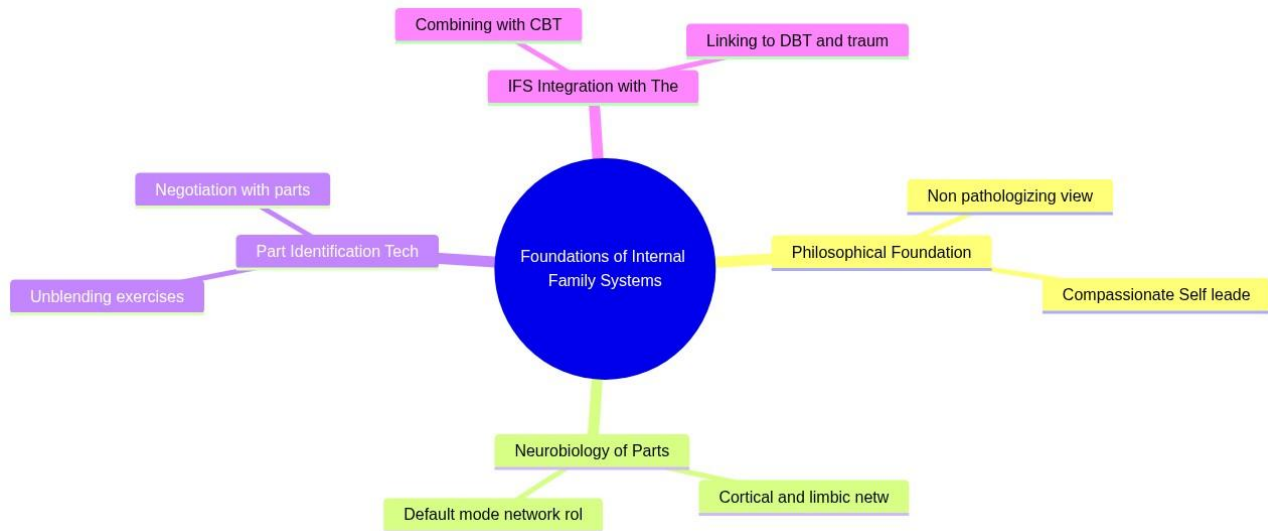


Undergraduate Certificate in Internal Family Systems for Emotional Regulation

Foundations of Internal Family Systems



mindmap

root((Foundations of Internal Family Systems))

Philosophical Foundation

Non pathologizing view

Compassionate Self leade

Neurobiology of Parts

Cortical and limbic netw

Default mode network rol

Part Identification Tech

Unblending exercises

Negotiation with parts

IFS Integration with The

Combining with CBT

Linking to DBT and traum